



Collegiate Running Association All-America Honors

*Denotes National Champion

Women

2020

Snowshoe (10K)

(HOST: Dion Snowshoes U.S. National Snowshoe Championships, Leadville, Colorado)

- Bosloper, Kelly (Paul Smith's College)
- Montag, Margret (Paul Smith's College)
- *Zimmerman, Amber (University of New Mexico)

Snowshoe (5K)

(HOST: Dion Snowshoes U.S. National Snowshoe Championships, Leadville, Colorado)

- *Johnson, Annikka (Carroll University)

Road Mile

(HOST: Loudoun Street Mile Race, Winchester, Virginia)

- *Cashin, Amy (West Virginia University)
- Grisnik, Ashley (Shenandoah University)
- Lopez, Kyra (Virginia Tech)
- Schrank, McKenzie (University of Colorado)
- Trippett, Madison (University of Richmond)

10K Road Race

(HOST: Ukrop's Monument Avenue 10K, Richmond, Virginia)

- Cancelled due to COVID-19

Trail Running

(HOST: Thunderbunny 12K Trail Race, Athens, Ohio)

- Cancelled due to COVID-19

Mountain Running

(HOST: Gnar Gnar, Mount Hood, Oregon)

- Cancelled due to COVID-19



2019

10K Road Race

(HOST: Ukrop's Monument Avenue 10K, Richmond, Virginia)

- Applegate, Molly (William & Mary)
- Clevinger, Taylor (Virginia Commonwealth University)
- Coggins, Caroline (Virginia Commonwealth University)
- Cole, Anna (Bon Secours College of Nursing)
- D'Amato, Keira (University of Michigan)
- Drazba, Maggie (Virginia Commonwealth University)
- Lobeda, Katy (Virginia Tech)
- Malone, Shannon (Blue Ridge Community College)
- Mulhern, Emily (Virginia Commonwealth University)
- *Sachtleben, Bethany (Northern Virginia College)

Trail Running

(HOST: Thunderbunny 12K Trail Race, Athens, Ohio)

- *Isaac, Ellen (Walsh University)
- Luther, Katelyn (Walsh University)
- Navarro, Adriana (California State University)
- Niekamp, Sydney (University of Akron)
- Sweeney, Madeline (Franklin University)

Road Mile

(HOST: Loudoun Street Mile Race, Winchester, Virginia)

- *Cashin, Amy (West Virginia University)
- Jones, Candace (West Virginia University)
- McNamara, Gina (University of Michigan)
- Sachtleben, Bethany (Northern Virginia College)
- Smither, Kendra (University of Richmond)

2018

10K Road Race

(HOST: Ukrop's Monument Avenue 10K, Richmond, Virginia)

- Blancett, Janel (Emory University)
- Cario, Stephanie (James Madison University)
- Ivey, Maddie (Metropolitan College of Nebraska)
- Latimer, Emily (Virginia Wesleyan University)
- Mulroy, Meghan (Purdue University)
- Potter, Emily (Sandhills College)
- Saayman, Letitia (Campbell University)
- *Sachtleben, Bethany (Northern Virginia College)
- Santucci, Clara (West Virginia University)
- Ward, Rachel (University of Virginia)

Mountain Running

(HOST: Loon Mountain Race, Lincoln, New Hampshire)



- *Bracy, Addie (University of Colorado Denver)
- Marin, Cassandra (Southern New Hampshire University)
- Rempel, Karley (University of Colorado)
- Winslow, Danielle (Boston College)
- Zimmerman, Amber (University of New Mexico)

2017

10K Road Race

- (HOST: Ukrop's Monument Avenue 10K, Richmond, Virginia)
- Downey, Nicole (Virginia Commonwealth Univ.)
 - Clevinger, Taylor (Virginia Commonwealth Univ.)
 - Cole, Anna (Bon Secours Memorial College of Nursing)
 - Hopper, Lauren (Virginia Commonwealth Univ.)
 - Kulesz, Melanie (Virginia Commonwealth Univ.)
 - Lautzenheizer, Kathleen (Virginia Commonwealth Univ.)
 - Morgan, Jackie (Virginia Commonwealth Univ.)
 - Patterson, Julie (Virginia Commonwealth Univ.)
 - Sceats, Rochelle (George Mason University)
 - *Ward, Rachel (University of Phoenix)

Mountain Running

- (HOST: Cranmore Mountain Race, North Conway, New Hampshire)
- Cuddeback, Shelby (Elon University)
 - *Dowe, Corey (University of New England)
 - Lane, Margaret (Dartmouth College)
 - Morss, Alexandra (Simmons College)
 - Tardugno, Elizabeth (University of New Hampshire School of Law)

2016

10K Road Race

- (HOST: Ukrop's Monument Avenue 10K, Richmond, Virginia)
- Eastmen, Autumn (Georgetown University)
 - Filiberto, Amanda (VCU-Medical College of Virginia)
 - Harrison, Kathryn (Virginia Commonwealth Univ.)
 - Lautzenheizer, Kathleen (Virginia Commonwealth Univ.)
 - Motley, Abigail (Virginia Tech)
 - Patterson, Julie (Virginia Commonwealth Univ.)
 - Richardson, Tara (Wake Forest University)
 - Sachtleben, Bethany (NOVA)
 - *Traynor, Nicol (Hudson County CC)
 - Westbrook, Tiel (Virginia Commonwealth Univ.)

Mountain Running

- (HOST: Loon Mountain Race, Lincoln, New Hampshire)
- Ballinger, Mary (University of Tennessee-Martin)
 - Lee, Amanda (University of Colorado)
 - *Sachtleben, Bethany (NOVA)
 - Tuxbury, Annmarie (Hartford University)



-Ward, Taylor (Weber State University)

2015

10K Road Race

(HOST: Ukrop's Monument Avenue 10K, Richmond, Virginia)

- Bouvet, Camille (Virginia Tech)
- Franzese, Samone (Virginia Commonwealth Univ.)
- Grove, Alicia (Virginia Commonwealth Univ.)
- Lautzenheizer, Kathleen (Virginia Commonwealth Univ.)
- Menefee, Anne (University of Virginia)
- Norbo, Carter (Duke University)
- Patterson, Julie (Virginia Commonwealth Univ.)
- Sullivan, Sussana (Marymount University)
- *Taylor, Kellyn (Coconino College)
- Zeller, Sharon (University of Virginia)

Mountain Running

(HOST: U.S. Mountain Running Championships, Bend, Oregon)

- *Arritola, Morgan (Central Oregon CC)
- De Voe, Claire (Cornell University)
- Lee, Amanda (University of Colorado)
- Mayfield, Camelia (Portland State University)
- Ortiz, Mandy (University of Colorado)

Trail Running

(HOST: Urban Wilderness Run, Indianapolis, Indiana)

- Bluske, Samantha (University of Toledo)
- Cherop, Marion (Eastern Kentucky University)
- Ginther, Samantha (Indiana University)
- *Olson, Mara (Butler University)
- Sachtleben, Bethany (NOVA)

1/2 Marathon Road Race

(HOST: Harbor Lights Half Marathon, Norfolk, Virginia)

- Applegate, Molly (William & Mary)
- Ascah, Lauren (Old Dominion University)
- Cunningham, Daniela (Old Dominion University)
- Fortin, Bonnie (Tidewater CC)
- Jellig, Jennifer
- Ledgett, McCall (William & Mary)
- Motley, Abigail (Virginia Tech)
- Motsko, Kellie
- Jones, Sarahbeth (Virginia Commonwealth Univ.)
- *Patterson, Julie (Virginia Commonwealth Univ.)

2014

10K Road Race

(HOST: Ukrop's Monument Avenue 10K, Richmond, Virginia)



- Brockett, Samone (Virginia Commonwealth Univ.)
- Erb, Esther (Rider University)
- Grove, Alicia (Virginia Commonwealth Univ.)
- Higginson, Ashley (Rutgers University)
- Lautzenheizer, Kathleen (Virginia Commonwealth Univ.)
- Menefee, Anne (University of Virginia)
- Patterson, Julie (Virginia Commonwealth Univ.)
- Sullivan, Sussana (Marymount University)
- *Taylor, (Johnson), Kellyn (Coconino College)
- Zeller, Sharon (University of Virginia)

Mountain Running

(HOST: Loon Mountain Race, Lincoln, New Hampshire)

- *Arritola, Morgan (University of British Columbia)
- Deakins, Megan (Stanford University)
- Graber, Emily (University of Richmond)
- Ruskan, Marisa (University of Richmond)
- Tyler, Tori (California State University-Chico)

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