

2020 Pole Green Park 5K Waiver and Health Status (October 3)

All participants are required to sign a waiver and monitor their health status by completing this COVID-19 symptom screening:

TEMPERATURE CHECK... Under 100.3 degrees? [] YES [] NO

In the past 7 days, have you?

- Tested positive for COVID-19
- Been in contact with someone who has tested positive for COVID-19
- Been contacted by a health department official about possible exposure to COVID-19

[] YES [] NO

Are you experiencing one or more of the following symptoms that CANNOT be attributed to another health condition?

- Cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Headache
- Muscle or body aches
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

[] YES [] NO

In consideration of this entry being accepted, I, intending to be legally bound, hereby for myself, my heirs, executors, administrators, waive and release any and all rights I may have against the organizations (including, but not limited to the Collegiate Running Association, Hanover County and USATF) holding this event, its agents, representatives, successors and assigns for any and all injuries suffered by me at said race. I also consent to the use of any photographs taken at said event by the race organizers or their agents. Please discourage unofficial entrants (bandits) from competing in our races. Bandits consume scarce resources and can delay or inhibit accurate race results. Unregistered runners, running with dogs, strollers, rollerblades, bicycles and the wearing of headphones are prohibited on the race course at any time to ensure runners safety and to comply with liability insurance standards. Additionally, I acknowledge the risks of illness from participating is such an event.

SIGNATURE: _____ Date: _____

Guardian or Coach SIGNATURE (if under 18): _____