



Creese, Cashin Claim Collegiate Road Mile National Titles

Race was held within the 31st Loudoun Street Mile in Winchester, Virginia



2019 Collegiate Road Mile National Champions

Robby Creese (Penn State University)

Amy Cashin (West Virginia University)

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RESULTS

May 27, 2019 – Winchester, Virginia – Robby Creese (Penn State University) and Amy Cashin (West Virginia University) were victorious in the Collegiate Running Association's 2019 Road Mile National Championships this morning in Winchester, Virginia. Held within the 31st annual Loudoun Street Mile, the men's and women's races featured strong fields including international students attending colleges in the U.S.

Loudoun Street Mile registration increased 20 percent over last year with over 500 runners and walkers taking to the streets under sunny skies and morning temperatures in the low 70's. Old Town Winchester provided a wonderful welcome to runners with printed signs throughout the street and businesses.



Creese leads Stroh at the Collegiate Road Mile Championships in Winchester, VA

On the men's side, the field was led by **Robby Creese (Penn State University)**, who is the U.S. Junior (U20) 1,000M indoor record holder (2:19.53); **Dominic Stroh (Shippensburg University)**, the 2018 and 2019 PSAC Indoor Mile Champion; **Daniel Trettel (University of Maryland/Georgetown Running Club)**, who has run 1:50.17 in the 800M; **Colin Cannon** and **Jonathan Schloth (George Mason University)**; and **Reid Sharkey (University of Lynchburg)**, the 2019 ODAC Mile Champion.

From the start this group of runners established themselves and it was soon obvious the first ever Collegiate Road Mile Champion would come from this group of six. By the mid-point of the race, Creese and Stroh had started to open some daylight on the field, however the outcome would not be settled until the last 300M. As they entered Old Town Winchester, Creese made a surge and never looked back as he crossed the line in 4:12.5 to Stroh's 4:13.3. Trettel would settle for 3rd in 4:16.2.



Amy Cashin sprints to victory in the 31st running of the Loudoun Street Mile and first Collegiate Road Mile Championships.

The women's race had a loaded field of top runners looking for their share of the \$4,000 prize purse. Up front it would be a strength versus speed battle as **Bethany Sachtleben (George Mason University/Northern Virginia College)**, the 2016 and 2018 Collegiate Running Association's Female Athlete of the Year and 2:31 marathoner, would go head-to-head with **Amy Cashin (West Virginia University/Australia)**. Cashin's impressive resume includes a 4:38 mile and a 9:58 3,000M steeplechase.

Sachtleben and Cashin immediately separated from the field as they pushed ahead of course record pace. As the two entered Old Town Winchester, it was clear that a course record was in the making as Cashin moved around Sachtleben and sprinted to victory. Cashin broke the tape

in 4:41.7, eclipsing the 2015 record set by Susanna Sullivan of 4:44.3, claiming \$1,000 for her efforts. Sachtleben finished in 4:46.2 for second (\$500), while **Gina McNamara (University of Michigan)** and **Candace Jones (West Virginia University)** battled for 3rd. McNamara would ultimately edge Jones by 0.1 seconds, in a time of 4:58.0 to Jones' 4:58.1. Following in 5th among collegians was University of Richmond freshman, **Kendra Smither** in 5:05.3.

"We were thrilled to partner with the Loudoun Street Mile for our first-ever Road Mile Championship," said **Collegiate Running Association Co-Founder, Jon Molz**. "This was a great event with incredible support, and the athletes all seemed to really enjoy their experience in Winchester. The women got things started with a course record performance and the men followed up with a competitive race down the stretch in front of a great crowd of supporters."

RESULTS



Place	Name	Age	Time	Hometown	School	Prize Money
Collegiate Men						
1	Robby Creese	25	4:12.5	State College, PA	Penn State University	\$1,000
2	Dominic Stroh	22	4:13.3	Shippensburg, PA	Shippensburg University	\$500
3	Daniel Trettel	25	4:16.2	Hyattsville, MD	University of Maryland	\$200
4	Colin Cannon	21	4:17.3	Fairfax, VA	George Mason University	\$75
5	Dustin Jutras	23	4:22.3	Fairfax, VA	George Mason University	
Collegiate Women						
1	Amy Cashin	24	4:41.7	Morgantown, WV	West Virginia University	\$1,000
2	Bethany Sachtleben	27	4:46.2	Fairfax, VA	Northern Virginia College	\$500
3	Gina McNamara	24	4:58.0	Washington, DC	University of Michigan	\$250
4	Candace Jones	22	4:58.1	Morgantown, WV	West Virginia University	\$100
5	Kendra Smither	19	5:05.3	Glen Allen, VA	University of Richmond	\$75



The top 3 men and women in the 2019 Collegiate Road Mile National Championships.

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