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Elite Fields Announced for the 2019 Collegiate 10k Championships

Richmond set to welcome nearly 2,000 college students for 10K Championships

April 10, 2019 - RICHMOND, VA – The Collegiate Running Association and the city of Richmond are set to welcome nearly 2,000 college students as part of the 6th annual Collegiate 10k Road Race National Championship event, held within the Ukrop's Monument Avenue 10k presented by Kroger. A \$10,000 prize purse is set aside for the top ten men's and women's collegiate finishers.

2018 champion **Bethany Sachtleben (Northern Virginia College)** is returning this year to defend her title, while the men will crown a new champion in what is described as the strongest men's field in the six-year history of the collegiate championship event. The top athletes will be joined by a mix of competitive and social running college students from across the country. In all, over 26,000 runners are scheduled to compete this weekend and with a beautiful forecast in Richmond, the competition is sure to be exciting. This is truly Richmond's biggest block party and has something for everyone.

"2019 marks our sixth-consecutive year hosting our 10k Championship as part of Richmond's premier running event, the Monument Avenue 10k," said co-founder **Jon Molz**. "We have a great partnership and have welcomed thousands of collegiate runners over the years, from first-time 10k participants to a future Olympic medalist, and we couldn't be more excited to welcome 2,000 more this Saturday."

The entry list for the collegiate 10k championship boasts strong fields for both the men and women, with the deepest men's field in the history of the Collegiate 10k Championships. A slew of undergraduate and graduate runners, along with a handful of strong local runners, should make for a deep and competitive field.

"We are really excited going into the championships, especially given this is the 20th anniversary for the Ukrop's Monument Avenue 10K," said Collegiate Running Association president **Steve Taylor**. "We formed the Collegiate Running Association in order to create new



opportunities for all college students who enjoy running, and to provide a unique and competitive experience within destination events. This event provides intense competition as well as an outstanding social experience for college students who want to experience the city of Richmond. It has something for everyone.”

The men’s field is impressive with the potential for history to be made during the Collegiate Championships. Expected to push the pace up front will be **Jack Bruce (University of Arkansas/Australia)**, **Philo Germano (Blue Ridge Community College/ Reebok Boston Track Club)**, **Danny Jaskowak (Virginia Tech/VT Elite)**, **Chase Weaverling (Blue Ridge Community College/Reebok Boston Track Club)**, **Sean Barrett (Kings College London/Georgetown Running Club)**, **Samuel Mueller (Auburn University/Run In Rabbit)**, **Joshua Park (Ohio University)**, **Will Christian (Old Dominion University/NAVY)**, **Brian Masterson (University of Virginia)**, **Hayden Harrison (Davis & Elkins College)**, **David Magda (Davis & Elkins College)** and local University of Richmond standouts **Miles Clikeman** and **Noah Campbell**.

For the women, 2018 champion **Bethany Sachtleben (Northern Virginia College)**, is returning to defend her title. Sachtleben, a standout at the George Mason University as an undergraduate, is now taking graduate classes while serving as Assistant Coach for the George Mason track & field program. She will face several competitors who could challenge her hopes of becoming a repeat champion, including **Shannon Malone (Blue Ridge Community College/Reebok Boston Track Club)**, **Keira D’Amato (University of Michigan/Tracksmith)**, **Maggie Drazba (Virginia Commonwealth University/Fleet Feet Racing Team)**, **Emily Mulhern (Virginia Commonwealth University)**, and **Molly Applegate (William & Mary/Georgetown Running Club)**.

Sachtleben was the Collegiate Running Association’s 2016 and 2018 Athlete of the Year and is coming off an impressive couple of weekends where she has run 15:46 for 5k at the Raleigh Relays and 53:40 for 10 Miles at the Credit Union Cherry Blossom 10 Mile in Washington, DC. Last month Sachtleben placed 2nd (51:08) at the USA Track & Field 15k Championships within Gate River Run held in Jacksonville, FL and last fall she crushed her marathon personal best running 2:31:20 at the California International Marathon in Sacramento, CA placing 6th and grabbing the “A” standard for the U.S. Olympic Team Trials. She also won the 2017 Richmond Marathon in 2:39:00 in her marathon debut.

In addition to championship weekend, the Collegiate Running Association has broadened its support of Kids Run RVA this spring by having college runners visit local schools leading up to the Ukrop’s Monument Avenue 10K and the Virginia 529 Kids Run. This program has grown and now includes over 70 participating schools in the Richmond metro area.



The Collegiate Running Association will also be hosting a Champions warm-down and photo opportunities with top finishers after this year's 10k race. Those wanting to warm-down with top finishers can report to the awards stage at 9:15AM, or 10:10AM for an opportunity to have your picture taken with the top finishers in the race.

TOP COLLEGIATE MEN (as of 4/10/2019)



Jack Bruce (Bib #2) (University of Arkansas / Australia):

Twitter: @JackBruce94 / Instagram: @j_brucey
Hometown is Brisbane, Australia... Known for a punishing kick... NCAA Runner-up in the 5K at the 2017 NCAA Outdoor Track & Field Championships... Five time NCAA All-American... Four-time All-SEC performer... Kicked off the 2017 season winning the mile in a personal best of 4:00.72 at the Vanderbilt Invitational... Placed 13th at the 2017 NCAA Cross Country Championships... During the 2018 season posted season-bests of 3:39.86 in the 1,500-meters and 13:28.57 in the 5,000-meters – the number 3 time in Arkansas program history... Ran 28:49 in the 2018 Zatopek Invitational.

Personal Bests: 1500M-3:39.86...Mile-4:00.72...3K-7:54.95...5K-13:28.57...10K – 28:49



Philo Germano (Bib #3) (Blue Ridge Community College / Reebok Boston Track Club):

Twitter: @philogermano / Instagram: @philogermano
Philo walked-on to the cross country and track team at Syracuse University in the fall of 2013. In 2015, Philo scored his first points for Syracuse in cross country, finishing 15th overall at the ACC Championship as the team captured the ACC title and his place earned him an All-ACC honor. Philo went on to earn 1st team All-American honors at the NCAA Division-1 Championships in that same year and help Syracuse win their second NCAA Cross Country Title. In the entirety of his collegiate career Philo was a two-time individual national qualifier, once in the 10k and once in the 5k, to

which he finished 14th earning 2nd- team All-American honors. Additionally, Philo was the 2018 IC4A Mile Champion. Post collegiately, he joined the newly formed Reebok Boston Track Club under former Syracuse head coach, Chris Fox. In his first professional race he finished 11th at the Manchester Road Race...He recently ran a personal best of 13:46 in the 5K at the 2019



Raleigh Relays. In the upcoming 2019 season, he is looking to run a World Standard and compete on an international level for the Reebok team.

Personal Bests: 1500M- 3:43... 5K-13:46... 8K- 23:25... 10K-29:04... Half-Marathon- 1:06:34



Danny Jaskowak (Bib #4) (Virginia Tech / VT Elite):

Twitter: @see_wak_run / Instagram: @seewakrun

Ran for Virginia Tech as an NCAA undergraduate student-athlete and is now working on a graduate degree in Clinical Physiology and Metabolism... Placed 3rd at the 2018 Markel Richmond Half Marathon running 1:04:59...Ran a personal best in the 5K (14:04) at the 2018 Duke Invitational... Placed 13th at the D1 Prenational Invitational running 23:25 for 8K... Earned NCAA All-Region honors by placing 10th in the 2017 NCAA Southeast Regional where he ran

a 10K best of 29:26.

Personal Bests: 5K-14:04... 8K- 23:25... 10K-29:26... Half-Marathon- 1:04:59



Chase Weaverling (Bib #5) (Blue Ridge Community College / Reebok Boston Track Club):

Twitter: @chasingnumber1 / Instagram: @chasingnumber1

Ran 1:03:58 in the 2019 Houston Half Marathon for the newly formed Reebok Boston Track Club under the direction of coach, Chris Fox. Currently studying a past graduate degree in finance after graduating as a standout on the University of Virginia track and cross country teams... Ran 29:28.92 in the 2018 Raleigh Relays...Qualified for the NCAA Championships East Prelim twice in the 10K... Three time NCAA Southeast All-Region performer in cross country (2014, 2015, 2016).

Personal Bests: 5K-13:54.39... 10K-29:28.92... Half-Marathon- 1:03:58



Miles Clikeman (Bib #6) (Univ. of Richmond):

Twitter: @miles_clikeman / Instagram: @miles_clikeman

The Richmond, VA native attended Veritas School. Placed 2nd in the 2018 and 6th in the 2017 Collegiate 10K Road Race National Championship within the Ukrop's 10K...Won the 2019 Fred Hardy Invitational 5K in meet record time and the 2018 Fred Hardy Invitational 5K...Placed 8th in the 2019 and 9th in the 2018 IC4A



Indoor Championship 5K...Placed 35th at the 2018 USATF Cross Country Championship in Tallahassee, FL. As a freshman for the Spiders he set the U.S. Junior (U20) National Record (1:09:07.96) within the 2017 Collegiate Running Association Track 20K held on the University of Richmond campus.

In high school won seven VISAA State Championships in Virginia, including three consecutive Cross Country titles in 2013, 2014 and 2015.

Personal Best's: 5K-14:20.73...8K (XC) – 24:41.7... 10K (XC)-30:35.5



1:06.19

Samuel Mueller (Bib #7) (Auburn University / Rabbit Elite):

Twitter: @Samueller21 / Instagram: @Samueller21

Studying Veterinary Medicine at the Auburn University College of Veterinary Medicine. Won the 2017 and 2015 Pittsburgh Great Race (10K)...Placed 5th in the 2015 Collegiate Half Marathon National Championships in Norfolk, VA...Earned 2013 NCAA D1 South All-Region honors in cross country for the Auburn Tigers...Ran a 10K personal best (29:49) at the 2013 San Francisco Distance Festival.

Personal Bests: 5K-14:21...10K-29:49...8K-24:09...Half-Marathon-



Sean Barrett (Bib #8) (Kings College London / Georgetown Running Club):

Twitter: @seanfxbarrett / Instagram: @seanfxbarrett

Sean grew up in San Diego and began running competitively in high school while also playing baseball year-round. An all-state cross country runner, Sean moved back east for college and attended Harvard College, where he served as the men's track & field team captain as a senior and was the 2007 Heps 10,000 meter champion. Upon graduating, Sean commissioned into the U.S. Marine Corps and has been on active duty ever since. He has been a member of the All-Marine running team for over a decade and has represented the U.S. Military at the Conseil International du Sport Militaire (World Military) Cross Country Championship on two different occasions. Sean has deployed in support of Operations IRAQI FREEDOM, ENDURING FREEDOM, ENDURING



FREEDOM-PHILIPPINES, and INHERENT RESOLVE. His personal decorations include two Bronze Star Medals.

Personal Bests: 5K-14:19...10K-30:34... Half-Marathon-67:30... Marathon- 2:24:08



Will Christian (Bib #9) (Old Dominion University / NAVY):

Named the 2018 USATF-Virginia Long Distance Runner of the Year...2019 USATF Cross Country Championships – 31:02... 2018 Naples (FL) Half Marathon - (6th) 1:09:17... 2018 USATF Cross Country Championships (31st) - 31:37... 2018 Mercedes Marathon (3rd) 2:26:09... 2018 Colonial Half Marathon (1st) 1:10:32... 2018 One City Marathon (1st) 2:22:05... 2018 Victory at Yorktown 10k (1st) 31:34...2018 Dismal Swamp Half Marathon (5th) 1:08:10... 2018 Run the DOG 5K (2nd) 14:49... 2018 George Washington

Parkway 10M (1st) 50:28... 2018 Rock and Roll Virginia Beach (2nd) 1:09:24...2018 CVS Downtown 5k (3rd) 14:45... 2018 Marine Corps Marathon (3rd) 2:24:23... 2018 Richmond Marathon (6th) 2:25:14

Personal Best's: 5K-14:45... 10K- 31:02... Half Marathon – 1:08:10... Marathon- 2:22:05



Joshua Park (Bib #10) (Ohio University):

Majoring in Biology-Pre-Physical Therapy at Ohio University. Plans to compete as a professional triathlete and eventually become a physical therapist. Ran a 10K personal best of 30:38 run at the 2018 Raleigh Relays in NC... Placed 8th at the 2018 Collegiate 10K Road Race Championships within the Ukrop's 10K.

Personal Best's: 3K: 8:31.50... 5K: 15:05... 8K (XC)- 24:08.0... 10K- 30:38



Noah Campbell (Bib #11) (Univ. of Richmond):

Twitter: @NCRun4TheHills / Instagram: @you_noah_this_guy
The Ashland, VA native attended Patrick Henry High School. Ran a personal best of 25:12 in the Richmond 8K road race earning a top 20 finish out of 3,000 runners. Ran 15:22 in his first ever 5k on the track at the 2019 Colonial Relays.

Personal Best's: 5K-15:22... 8K- 25:12



Hayden Harrison (Bib #12) (Davis & Elkins College): The Davis & Elkins junior is redshirting this outdoor season. Ran a personal best in the 5K at the 2018 Fred Hardy Invitational...Placed 4th in the 2017 Great Midwest Athletic Conference Championships running 32:33.20.

Personal Best's: 5K: 15:14.16... 8K- 25:29... 10K: 32:33.20



David Magda (Bib #13) (Davis & Elkins College): Another Senator from Davis & Elkins College in Elkins, WV... Ran a career best of 25:10 for 8K at the Royals Cross Country Challenge.

Personal Best's: 8K- 25:10



Brian Masterson (Bib #14) (University of Virginia):

Personal Best's: 10K 31:00



Jacob Russell Lister (Bib #15) (Auburn University-Montgomery): A standout junior for Auburn University Montgomery... Has a career best of 32:30 for 10K.

Personal Best's: 10K- 32:30



TOP COLLEGIATE WOMEN (as of 4/10/2019)



Bethany Sachtleben (Bib #51) (Northern Virginia College):

Twitter: @bsach1 / Instagram: @bethsach

The 2018 Collegiate 10K Road Race Champion and Ukrop's Monument Avenue 10K Champion...Collegiate Running Association's 2016 and 2018 Athlete of the Year...Is coming off an impressive couple of weekends where she has run 15:46 for 5k at the Raleigh Relays and 53:40 for 10 Miles at the Credit Union Cherry Blossom 10 Mile in Washington, DC. Last month Sachtleben placed 2nd (51:08) at the USA Track & Field 15k Championships within Gate River Run held in Jacksonville, FL and last fall she crushed her marathon personal best running 2:31:20 at the California International Marathon in Sacramento, CA placing 6th and grabbing the "A" standard for the U.S.

Olympic Team Trials. She also won the 2017 Richmond Marathon in 2:39:00 in her marathon debut.

2016 Collegiate Mountain Running National Champion... Helped U.S. team win the Bronze medal at the 2016 Mountain Running World Championships... Qualified in the 10,000 meter (32:50 PR on the track) and competed in the 2017 USA outdoor national championships in the event...Placed 4th at the 2017 USATF half marathon championships (1:13:28)...

Started running for fun in the spring of 2011 and walked-on to George Mason University's XC/Track team that same fall. She went from not knowing how many meters an outdoor track was, to winning 4 Atlantic-10 Conference Championships and qualifying for the outdoor NCAA Championships East Preliminary round all 3 years. Since completing her graduate degree in 2015 she now trains while balancing a full-time job, volunteering with GMU XC/Track and working on a master degree.

Personal Bests: 5K-15:46...10K-32:50...15K-51:08...10 Miles-53:40...Half Marathon-1:13:28...Marathon-2:31:20



Shannon Malone (Bib #52) (Blue Ridge Community College / Reebok Boston Track Club):

Twitter: @Smalone_27 / Instagram: @smalo27

Competes for the newly formed Reebok Boston Track Club under the direction of Coach Chris Fox...Competed in both track and XC for Syracuse University as an undergraduate student-athlete...Ran personal best in the 5K of 16:13 to win the 2018 Boston University Thomas Terrier Classic...Followed the Terrier Classic with a personal best of 33:13 in the 10K at the 2018 Stanford Invitational.

Personal Bests: 3K-9:23.22...5K-16:13.07...10K-33:13.16

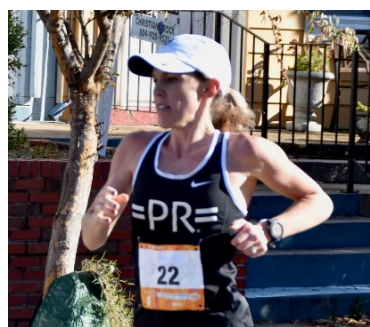


Emily Mulhern (Bib #53) (Virginia Commonwealth University-Physical Therapy):

Twitter: @emilymulhern / Instagram: @Emily.Mulhern

Competed as an undergraduate student for the University of Virginia where she ran personal a person best 16:28.18 for 5K at the 2016 Virginia Challenge...Placed 8th in the 2016 NCAA Southeastern Region Cross Country Championships...Currently in the VCU School of Physical Therapy...Won the 2019 Atlantic 10 Conference Indoor Track title in the 5K on day 1 and ran a personal best in the 3K (9:41.18) on day 2 of the championships...Recently ran a personal best of 34:31.44 in the 10K at the 2019 Raleigh Relays.

Personal Bests: 3K-9:41.18...5K-16:28.18...10K-34:31.44

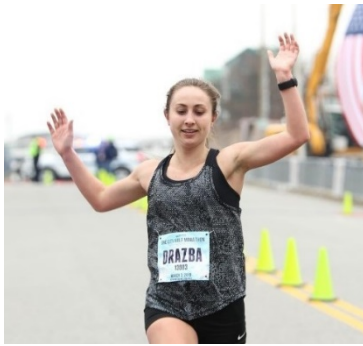


Keira D'Amato (Bib #54) (University of Michigan / Tracksmith):

Twitter: @K_Storm / Instagram: @Running_RealtorRVA

Competed in both track and XC for American University as an undergraduate...2018 USATF-Virginia Long Distance Runner of the Year...Won the 2019 First Day 5K, Sweetheart 8K, Lucky Leprechaun 5K and One City 8K...Won the 2018 Rock 'N Roll DC Half Marathon (1:16)...Placed 2nd (2:40) in the 2018 Richmond Marathon in a 2020 U.S. Olympic Team Trials Qualifying mark.

Personal Bests: 5K-16:37...8K-27:15...Half Marathon-1:16...Marathon-2:40



Maggie Drazba (Bib #55) (VCU / Fleet Feet Racing Team):

Twitter: @madrazba / Instagram: @magsdraz

Competed for West Virginia University from 2013-2018...2x NCAA D1 XC Championships qualifier...3x NCAA D1 Track and Field East Preliminary Regional qualifier (5k, 10k, 10k)...3x NCAA XC All Mid-Atlantic Region...4x First team All Big-12 Conference...After graduating from WVU placed 10th in the 2018 Dietz and Watson Half Marathon in Philadelphia, PA...Won the One City Half Marathon in Newport News, VA in a personal best 1:17:35.

Personal Bests: 3K-9:27...5K-16:21...10K-33:51...Half Marathon-1:17:35



Molly Applegate (Bib #56) (William & Mary / Georgetown Running Club):

Competed in both track and XC for The College of William and Mary, where she focused on the steeplechase and 1500. Among her accomplishments, Molly placed 4th in the 2015 Collegiate Half-Marathon National Championships in Norfolk, VA. She qualified for NCAA regionals in the steeplechase twice, was named All-East twice indoors, was CAA champion in the steeplechase her senior year, and was All-CAA three times in cross country. During her 5 years at William and Mary, Molly earned an undergraduate degree in Kinesiology with a concentration in Public Health, and a Master's Degree in Business Analytics. She enjoys spending weekends outdoors, sailing, cooking, reading, and traveling. Molly works as a Data Analyst for Deloitte and Touche, LLC in Washington.

Person Bests: Mile-4:45...3K-9:40...3KSC-10:20



Taylor Clevinger (Bib #58) (Virginia Commonwealth University-Physical Therapy / New Balance Richmond): Twitter: @TayClev / Instagram: @tclev

A graduate of St Catherine's School in Richmond... Attended the University of Richmond as an undergraduate where she had a stellar career...Enrolled in Physical Therapy school at VCU... Placed 4th in the 2017 Collegiate 10K Road Race Championships within the Ukrop's 10K with a time of 37:53.

Named the 2016 Indoor and Outdoor Athlete of the Year for the Spiders. During her career Taylor ran 11 Atlantic 10 Conference Indoor Track Finals winning 6 gold, 3 silver and 1 bronze in the medal count ...

Megan Lee (Bib #59) (University of Virginia):

Competes for the University of Virginia club team.

Personal Bests: 5K-19:28...10K-39:28

Did you know?

- Since 2014 over 13,000 college students from across the U.S. have participated in Collegiate Running Association National Championships.
- Since 2014 the Collegiate Running Association and our race partnerships have awarded over \$100,000 in prize money and travel specifically to college students.
- Over the past 5 years (2014-2018) 18 Collegiate Running Association members have qualified for 62 USATF National Teams.
- 2018 marked the 5th consecutive year the Ukrop's Monument Avenue 10K has hosted the Collegiate 10K Road Race National Championships.
- 2018 marked the 5th consecutive year the Collegiate Mountain Running National Championships were hosted concurrently with the USATF Championships.
- 2014 Collegiate 10K Road Race National Champion (Paul Chelimo, UNC-Greensboro/Kenya) became a U.S. citizenship and won the Silver medal (2nd- 13:03.90) in the 5,000M in the 2016 Rio Olympic Games and Bronze medal (3rd) in the 2017 IAAF World Outdoor Track & Field Championships (5k)
- After PR's of 9:53 (3KSC), 15:45 (5k), 32:37 (10k), 1:14:03 (1/2 marathon) and 2:35 (marathon) Addie Bracy (Univ. of Colorado Denver) transitioned from the track to include mountain and trail races. In 2018 she claimed the Collegiate Mountain Running Championship and a spot on the USMRT
- 2014 and 2015 Collegiate 10K Road Race National Champion (Kellyn Johnson Taylor, Coconino College) ran one of the fastest debut marathons in U.S. history (2:28:40) in 2015
- 2015 Collegiate Running Association Male Athlete of the Year and 2015 Collegiate Trail Race National Champion, Joe Gray (Colorado Springs, CO /Colorado Bible College) won the 2016 World Mountain Running Championship and 2017 World Snowshoe Running Championship.
- In 2018 the Collegiate Running Association became the first hosted organization partner with AthleteBiz.
- In 2018 the Collegiate Running Association expanded our partnership with Sports Backers Kids Run RVA to promote physical activity to youth across the Richmond, VA area.