



# USATF-VA 5K CROSS COUNTRY RESULTS

## AUGUST 31, 2019

### AGE GROUP AWARDS

Place	O'All Name	Sex	Age	USATF	Team	City	State	Time
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**MALE OVERALL**

1	2 David Angell	M	42	Yes		Blue Ridge	VA	15:59
2	3 Ben Neuwirth	M	17	Yes	RICHMOND TC	Richmond	VA	16:12
3	4 Carter Morgan	M	18	Yes	RICHMOND TC	Richmond	VA	16:34
4	6 RYAN CARROLL	M	36	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	17:22
5	7 Luke Mazzu	M	24	Yes	FLEET FEET RVA	Richmond	VA	17:24

**FEMALE OVERALL**

1	23 Tressa Breindel	F	41	Yes	FLEET FEET RVA	Richmond	VA	18:14
2	28 Mary Heinen	F	17	Yes	RICHMOND TC	Richmond	VA	18:34
3	37 Kate Spangler	F	33	Yes	FLEET FEET RVA	Richmond	VA	19:19
4	47 Brenna Luczak	F	14	Yes	RICHMOND TC	Midlothian	VA	20:48
5	49 Brittany Murphy	F	28	Yes	FLEET FEET RVA	Glen Allen	VA	21:05

**MALE JUNIORS**

1	3 Ben Neuwirth	M	17	Yes	RICHMOND TC	Richmond	VA	16:12
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2	4 Carter Morgan	M	18 Yes	RICHMOND TC	Richmond	VA	16:34
3	8 Andrew Van De Putte	M	17 Yes	RICHMOND TC	Richmond	VA	17:27

### FEMALE JUNIORS

1	28 Mary Heinen	F	17 Yes	RICHMOND TC	Richmond	VA	18:34
2	47 Brenna Luczak	F	14 Yes	RICHMOND TC	Midlothian	VA	20:48
3	50 Kathleen Russo	F	17 Yes	RICHMOND TC	Midlothian	VA	21:08

### MALE MASTERS

1	2 David Angell	M	42 Yes		Blue Ridge	VA	15:59
2	13 John Sharp	M	44 Yes	FLEET FEET RVA	Richmond	VA	17:39
3	19 Edward Rietscha	M	40 Yes	COLONIAL ROAD RUNNERS	Williamsburg	VA	17:59

### FEMALE MASTERS

1	23 Tressa Breindel	F	41 Yes	FLEET FEET RVA	Richmond	VA	18:14
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### MALE AGE GROUP: 1 - 19

1	3 Ben Neuwirth	M	17 Yes	RICHMOND TC	Richmond	VA	16:12
2	4 Carter Morgan	M	18 Yes	RICHMOND TC	Richmond	VA	16:34
3	8 Andrew Van De Putte	M	17 Yes	RICHMOND TC	Richmond	VA	17:27
4	10 Logan Jackson	M	17 Yes		Yorktown	VA	17:29
5	12 Benjamin Blanchard	M	15 Yes	RICHMOND TC	Richmond	VA	17:37
6	16 William Davis	M	17 Yes	RICHMOND TC	Midlothian	VA	17:53
7	20 Neary Quinn	M	16 Yes	RICHMOND TC	Richmond	VA	18:00
8	22 Benjamin Roberts	M	15 Yes	RICHMOND TC	Midlothian	VA	18:08
9	24 LUCAS SIMMONS	M	15 YES	WESTERN BRANCH TC	CHESAPEAKE	VA	18:17
10	25 Miles Nardi	M	18 Yes	RICHMOND TC	Glen Allen	VA	18:27
11	26 Hugh Feehan	M	17 Yes	RICHMOND TC	Richmond	VA	18:30
12	30 Jacob Castillo	M	15 Yes		Hampton	VA	18:43
13	31 Justin Goldman	M	16 Yes	RICHMOND TC	Midlothian	VA	18:48
14	35 JUSTIN DURR	M	15 YES	WESTERN BRANCH TC	CHESAPEAKE	VA	19:11
15	36 Roman Chenoweth	M	16 Yes	RICHMOND TC	Richmond	VA	19:16

16	40	EVAN MCCUE	M	14	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	19:41
17	41	Richard Zhai	M	17	Yes	RICHMOND TC	Glen Allen	VA	19:44
18	42	TYLER THOMAS	M	16	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	19:46
19	46	CAMBEL HURST	M	16	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	20:46
20	48	HUNTER SMITH	M	17	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	21:03
21	55	MICHAEL LOAR	M	14	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	22:09
22	58	CJ LANCASTER	M	14	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	22:23
23	71	Dominique Bailey	M	13	Yes		Ruther Glen	VA	24:55
24	79	JAMES KEITH	M	14	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	30:43

**FEMALE AGE GROUP: 1 - 19**

1	28	Mary Heinen	F	17	Yes	RICHMOND TC	Richmond	VA	18:34
2	47	Brenna Luczak	F	14	Yes	RICHMOND TC	Midlothian	VA	20:48
3	50	Kathleen Russo	F	17	Yes	RICHMOND TC	Midlothian	VA	21:08
4	52	Emma Chun	F	18	Yes	RICHMOND TC	Henrico	VA	21:42
5	54	Josie Greer	F	17	Yes	RICHMOND TC	Richmond	VA	22:00
6	60	Lily Walsh	F	16	Yes	RICHMOND TC	Glen Allen	VA	22:40
7	61	Alyssa Wright	F	18	Yes	RICHMOND TC	Manakin Sabot	VA	22:41
8	65	Kathryn Ellis	F	17	Yes	RICHMOND TC	Richmond	VA	23:25
9	66	SEVEN VOSLER	F	16	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	23:34
10	67	Kaitlyn Baker	F	15	Yes	RICHMOND TC	Mechanicsville	VA	23:48
11	68	MADI STRALEY	F	15	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	23:59
12	72	CALEIGH BURRIS	F	14	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	25:53
13	73	MADISON HENDERSON	F	14	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	26:16
14	74	CADENCE BURRILL	F	14	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	27:39
15	76	GRACE HONG	F	17	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	28:17
16	77	ALICE HONG	F	15	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	28:20
17	78	MEMPHIS GRIFFIN	F	15	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	28:28

**MALE AGE GROUP: 20 - 39**

1	6	RYAN CARROLL	M	36	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	17:22
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2	7 Luke Mazzu	M	24	Yes	FLEET FEET RVA	Richmond	VA	17:24
3	9 William Kirk	M	29	Yes	FLEET FEET RVA	Richmond	VA	17:27
4	15 James Hazelwood	M	32	Yes	FLEET FEET RVA	Richmond	VA	17:51
5	18 Jason Driscoll	M	31	Yes	FLEET FEET RVA	Richmond	VA	17:56
6	53 Benjamin Kaurich	M	31	Yes	COLONIAL ROAD RUNNERS	Newport News	VA	21:49

#### **FEMALE AGE GROUP: 20 - 39**

1	37 Kate Spangler	F	33	Yes	FLEET FEET RVA	Richmond	VA	19:19
2	49 Brittany Murphy	F	28	Yes	FLEET FEET RVA	Glen Allen	VA	21:05
3	56 Nicole Rhodes	F	32	Yes	FLEET FEET RVA	N Chesterfield	VA	22:10
4	57 Rachel Aubert	F	30	Yes	FLEET FEET RVA	Richmond	VA	22:15

#### **MALE AGE GROUP: 40 - 44**

1	2 David Angell	M	42	Yes		Blue Ridge	VA	15:59
2	13 John Sharp	M	44	Yes	FLEET FEET RVA	Richmond	VA	17:39
3	19 Edward Rietscha	M	40	Yes	COLONIAL ROAD RUNNERS	Williamsburg	VA	17:59
4	27 Andrew Blanchard	M	44	Yes		Richmond	VA	18:31
5	29 Jason Miller	M	42	Yes	COLONIAL ROAD RUNNERS	Williamsburg	VA	18:40
6	33 Andy Almarode	M	43	Yes	COLONIAL ROAD RUNNERS	Richmond	VA	18:59
7	38 Robert Flanigan	M	43	Yes		South Chesterfield	VA	19:19

#### **FEMALE AGE GROUP: 40 - 44**

1	23 Tressa Breindel	F	41	Yes	FLEET FEET RVA	Richmond	VA	18:14
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#### **MALE AGE GROUP: 45 - 49**

1	34 Greg Lynn	M	45	Yes	COLONIAL ROAD RUNNERS	Hayes	VA	19:10
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#### **MALE AGE GROUP: 50 - 54**

1	43 Paul Pelletier	M	54	Yes	COLONIAL ROAD RUNNERS	Williamsburg	VA	20:00
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#### **MALE AGE GROUP: 55 - 59**

1	45 Rich Harfst	M	55	Yes		Annandale	VA	20:33
2	63 Mark Cerny	M	59	Yes		Midlothian	VA	23:11

#### **MALE AGE GROUP: 60 - 64**

1	39	Robert Whitaker	M	60	Yes	COLONIAL ROAD RUNNERS Yorktown	VA	19:28
2	44	Rick Samaha	M	61	Yes	COLONIAL ROAD RUNNERS Williamsburg	VA	20:11

**MALE AGE GROUP: 65 - 69**

1	85	Ray Funkhouser	M	68	Yes	White Stone	VA	36:27
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**MALE AGE GROUP: 70 - 99**

1	80	William Chadim	M	72	Yes	Midlothian	VA	31:02
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**OVER-ALL RACE RESULTS**

Place	Name	Sex	Age	USATF	USATF Team	City	State	Time
1	David Angell	M	42	Yes		Blue Ridge	VA	15:59
2	Ben Neuwirth	M	17	Yes	RICHMOND TC	Richmond	VA	16:12
3	Carter Morgan	M	18	Yes	RICHMOND TC	Richmond	VA	16:34
4	RYAN CARROLL	M	36	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	17:22
5	Luke Mazzu	M	24	Yes	FLEET FEET RVA	Richmond	VA	17:24
6	Andrew Van De Putte	M	17	Yes	RICHMOND TC	Richmond	VA	17:27
7	William Kirk	M	29	Yes	FLEET FEET RVA	Richmond	VA	17:27
8	Logan Jackson	M	17	Yes		Yorktown	VA	17:29
9	Benjamin Blanchard	M	15	Yes	RICHMOND TC	Richmond	VA	17:37
10	John Sharp	M	44	Yes	FLEET FEET RVA	Richmond	VA	17:39
11	James Hazelwood	M	32	Yes	FLEET FEET RVA	Richmond	VA	17:51
12	William Davis	M	17	Yes	RICHMOND TC	Midlothian	VA	17:53
13	Jason Driscoll	M	31	Yes	FLEET FEET RVA	Richmond	VA	17:56
14	Edward Rietscha	M	40	Yes	COLONIAL ROAD RUNNERS	Williamsburg	VA	17:59
15	Neary Quinn	M	16	Yes	RICHMOND TC	Richmond	VA	18:00
16	Benjamin Roberts	M	15	Yes	RICHMOND TC	Midlothian	VA	18:08
17	Tressa Breindel	F	41	Yes	FLEET FEET RVA	Richmond	VA	18:14
18	LUCAS SIMMONS	M	15	Yes	WESTERN BRANCH TC	CHESAPEAKE	VA	18:17

19 Miles Nardi	M	18	Yes	RICHMOND TC	Glen Allen	VA	18:27
20 Hugh Feehan	M	17	Yes	RICHMOND TC	Richmond	VA	18:30
21 Andrew Blanchard	M	44	Yes		Richmond	VA	18:31
22 Mary Heinen	F	17	Yes	RICHMOND TC	Richmond	VA	18:34
23 Jason Miller	M	42	Yes	COLONIAL ROAD RUNNERS	Williamsburg	VA	18:40
24 Jacob Castillo	M	15	Yes		Hampton	VA	18:43
25 Justin Goldman	M	16	Yes	RICHMOND TC	Midlothian	VA	18:48
26 Andy Almarode	M	43	Yes	COLONIAL ROAD RUNNERS	Richmond	VA	18:59
27 Greg Lynn	M	45	Yes	COLONIAL ROAD RUNNERS	Hayes	VA	19:10
28 JUSTIN DURR	M	15	Yes	WESTERN BRANCH TC	CHESAPEAKE	VA	19:11
29 Roman Chenoweth	M	16	Yes	RICHMOND TC	Richmond	VA	19:16
30 Kate Spangler	F	33	Yes	FLEET FEET RVA	Richmond	VA	19:19
31 Robert Flanigan	M	43	Yes		South Chesterfield	VA	19:19
32 Robert Whitaker	M	60	Yes	COLONIAL ROAD RUNNERS	Yorktown	VA	19:28
33 EVAN MCCUE	M	14	Yes	WESTERN BRANCH TC	CHESAPEAKE	VA	19:41
34 Richard Zhai	M	17	Yes	RICHMOND TC	Glen Allen	VA	19:44
35 TYLER THOMAS	M	16	Yes	WESTERN BRANCH TC	CHESAPEAKE	VA	19:46
36 Paul Pelletier	M	54	Yes	COLONIAL ROAD RUNNERS	Williamsburg	VA	20:00
37 Rick Samaha	M	61	Yes	COLONIAL ROAD RUNNERS	Williamsburg	VA	20:11
38 Rich Harfst	M	55	Yes		Annandale	VA	20:33
39 CAMBEL HURST	M	16	Yes	WESTERN BRANCH TC	CHESAPEAKE	VA	20:46
40 Brenna Luczak	F	14	Yes	RICHMOND TC	Midlothian	VA	20:48
41 HUNTER SMITH	M	17	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	21:03
42 Brittany Murphy	F	28	Yes	FLEET FEET RVA	Glen Allen	VA	21:05
43 Kathleen Russo	F	17	Yes	RICHMOND TC	Midlothian	VA	21:08
44 Emma Chun	F	18	Yes	RICHMOND TC	Henrico	VA	21:42
45 Benjamin Kaurich	M	31	Yes	COLONIAL ROAD RUNNERS	Newport News	VA	21:49
46 Josie Greer	F	17	Yes	RICHMOND TC	Richmond	VA	22:00
47 MICHAEL LOAR	M	14	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	22:09

48	Nicole Rhodes	F	32	Yes	FLEET FEET RVA	N Chesterfield	VA	22:10
49	Rachel Aubert	F	30	Yes	FLEET FEET RVA	Richmond	VA	22:15
50	CJ LANCASTER	M	14	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	22:23
51	Lily Walsh	F	16	Yes	RICHMOND TC	Glen Allen	VA	22:40
52	Alyssa Wright	F	18	Yes	RICHMOND TC	Manakin Sabot	VA	22:41
53	Mark Cerny	M	59	Yes		Midlothian	VA	23:11
54	Kathryn Ellis	F	17	Yes	RICHMOND TC	Richmond	VA	23:25
55	SEVEN VOSLER	F	16	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	23:34
56	Kaitlyn Baker	F	15	Yes	RICHMOND TC	Mechanicsville	VA	23:48
57	MADI STRALEY	F	15	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	23:59
58	Dominique Bailey	M	13	Yes		Ruther Glen	VA	24:55
59	CALEIGH BURRIS	F	14	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	25:53
60	MADISON HENDERSON	F	14	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	26:16
61	CADENCE BURRILL	F	14	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	27:39
62	GRACE HONG	F	17	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	28:17
63	ALICE HONG	F	15	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	28:20
64	MEMPHIS GRIFFIN	F	15	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	28:28
65	JAMES KEITH	M	14	YES	WESTERN BRANCH TC	CHESAPEAKE	VA	30:43
66	William Chadim	M	72	Yes		Midlothian	VA	31:02
67	Ray Funkhouser	M	68	Yes		White Stone	VA	36:27

